

**2010 High School Boys Swimming & Diving Championships**  
**District 5, 6, 7**  
**Eastern Washington Swimming League**  
**February 5 – 6, 2010**  
**CWU Aquatic Center – Ellensburg, Washington**

**MEET INFORMATION:**

Sanctioned by the Washington Interscholastic Activities Association.

**Host:** YVIAA and Eisenhower High School

**Location:** Central Washington University (CWU) Aquatic Center. The facility is located on campus near Nicholson Pavilion and Tomlinson Field on North Walnut. Ample parking is available nearby.

**Directions:** Take Ellensburg/Canyon Road Exit from I-90. Turn right onto **Canyon Road**. Travel north on Canyon Road/Main Street/"A" Street. Go to the end of "A" Street. At the "T" intersection (**14<sup>th</sup> Avenue**), turn right. Go to second stop sign and turn left onto **North Walnut Street**. The CWU Aquatic Facility is the second building on the right.

**Facility and Equipment:** Regulation 25 yard, 10-lane pool. The pool is ideally suited for racing, with a minimum depth of 4 feet. A large balcony area is available for spectators. Hy-Tek Meet Manager software with CTS-5000 Interface. Wheel chair access to lower deck level.

**Officials:** We need the help of visiting certified officials. Please submit a list of your local officials who will be attending the meet along with their phone number and/or email address by Monday, February 2, 2009 via US Mail, Fax, or email:

- Greta Alderson  
3004 Summitview  
Yakima, WA 98902
- Fax: 509-248-0125
  - Email: gaalderson@nwinfo.net

**MEET SCHEDULE**

**Friday, February 5, 2010**

- Facility Opens: 11:30 AM
- Coaches Meeting: 11:30 AM – 12:00 PM
- Swimming Warm-ups:
  - Session 1 12:05 – 12:55 PM
  - Session 2 12:55 – 1:45 PM
- Officials Meeting: 1:15 – 1:45 PM
- Swimming Prelims: 2:00 – 5:00 PM
- Diving Warm-ups: 5:00 – 7:00 PM
- Diving Prelims (first 8 dives) 7:00 – 9:00 PM

**Saturday, February 6, 2010**

- Facility Opens: 9:30 AM
- Diving Warm-ups: 9:45 – 11:20 AM
- Swimming Warm-ups:
  - Session 1 9:45 – 10:35 AM
  - Session 2 10:35 – 11:25 AM
  - Open 11:25 – 11:45 AM
- Officials Meeting: 11:15 AM – 11:45 AM

- Swimming & Diving Finals: 12:00 – 4:00 PM

### **WARM-UP NOTES:**

1. All 10 lanes will be available for swimming warm-ups on Friday. On Saturday, there will be only 7 lanes available for swimming warm-ups until 11:25 AM and no backstroke flags at the starting end of the pool because of concurrent diving warm-ups. At the conclusion of diving warm-ups on Saturday at 11:20 AM, the backstroke flags and lane markers removed for diving warm-ups will be replaced and there will be an additional 20 minute warm-up session open to all teams (11:25 – 11:45 AM).
2. Teams will be assigned to a specific warm-up sessions and lanes following receipt of all entries based on # of swimmers entered in the meet. All 2A and 1A schools will be assigned to Warm-up Session 1. Most 4A schools will be assigned to Warm-up Session 2, however, a few 4A schools will be assigned to Warm-up Session 1 to more evenly divide the teams and the number of swimmers between the 2 warm-up sessions.
3. During the finals on Saturday, there will be a 20 minute warm-up after Event #4, followed by the last 3 dives, then another 20 minute warm-up before Event #6.

### **Dual Classification:**

- 2A/A schools will score and compete against each other.
- 4A schools will score and compete against each other.
- Sixteen place scoring will be in effect for consolation and finals for all events, including relays.

### **State Meet Qualifying:**

**ALLOCATION: Athletes can advance to STATE COMPETITION by allocation or by meeting the state-qualifying standard. Qualifying by allocation is determined by finish place, not the fastest time. Each team with athletes advancing to state by either method MUST fill out a STATE MEET MASTER ENTRY FORM and submit to the meet director at the completion of the meet. Divers must also submit their dive sheet for state. Upon request the meet director shall provide a copy of the state meet master entry form to the coach.**

- Individual Allocations (2A/A): 2
- Relay Allocations (2A/A): 2
- Individual Allocations (4A): 2
- Relay Allocations (4A): 2

### **District Meet Entries:**

- Each team is allowed two (2) allocations per individual event.
- The two allocations are NOT in addition to any entries, which meet the district qualifying time standard.
- Each team is allowed a maximum of four (4) entries, including potential wildcards, in each individual event and one (1) in each relay event.
- In the event that there are less than 20 qualifiers for preliminaries, wildcards will be drawn up to the point where there are 20 participants (if possible) per swimming event. Coaches will circle those athletes on their entry cards who have not met the qualifying standards, but are potential wildcards. COACHES: Only official meet times are acceptable as entry times and the honesty rule is to be strictly adhered to.
- All third (3<sup>rd</sup>) and fourth (4<sup>th</sup>) team entries in individual event that do not meet the qualifying standard are wild card entries and must be circled on the entry form.
- Coaches will be notified by telephone which wildcard entries are accepted by Wednesday, February 4, 2009.
- All divers must have a legal 11-dive entry sheet and have participated in an 11-dive meet. (REGARDLESS OF DISTRICT ALLOCATIONS).

### **District Meet Entry Procedures:**

- Each school must complete the league adopted entry form. Include athlete's full name, year in school, and qualifying time for each event, including relay entry form. PLEASE TYPE SWIMMERS NAMES AND TIMES.
- If you have Hy-Tek Team Manager, please, use number 201-212 for 2A and 1A events. 4A schools must use event numbers 401-412. Please, send a hard copy of your teams entries by event. **If you do not have the Hy-Tek Team Manger you may choose to use Hy-Tek Lite.** If you need help, please, contact Greta.
- Entries must be postmarked to the tournament director no later than midnight Saturday, January 31, 2009 Please send entries to:

District Meet Championships  
% Greta Alderson  
3004 Summitview  
Yakima, WA 98902

- Fax entries and Hy-Tek entries must be received no later than 5:00 PM - Monday, February 2, 2009 (Fax - Attn.: Greta Alderson 509-248-0125 or e-mailed: gaalderson@nwinfo.net)
- Diving sheets must be submitted with the master entry forms, faxed or e-mailed to the Meet Director. Divers will be allowed to make corrections on their sheets prior to the diving event. DIVE FORMS MUST BE COMPLETED IN PENCIL.
- Each athlete is limited to a maximum (2) individual and (2) relay events or (1) individual and (3) relay events to a maximum of (4). Being listed as an alternate for a relay does not count as an event unless that person actually swims that event. Athletes must enter the individual events they plan to swim at state (WIAA requirement).

### **Awards:**

- Sixteen place scoring will be in effect. All relays score double points.
  - Individual place: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
  - Relay places: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
- Medals are for first place, with ribbons 2<sup>nd</sup> through 8th.

### **Primary Personnel:**

- Tournament Director: Greta Alderson 509-248-5204
- Meet Referee: Jerry Bennett
- Starter: Barry Bernfeld
- Diving Referee: Steve Schrader

### **Protests:**

- Any protests or questions concerning the outcome of an event should be directed to the Meet Referee only. The protest should come from the swimmer's coach.

### **Miscellaneous:**

- EACH SCHOOL IS RESPONSIBLE FOR PROVIDING ONE (1) TIMER FOR AN ASSIGNED LANE FOR THE PRELIMS ON FRIDAY AND THE FINALS ON SATURDAY. Please, submit name to Greta Alderson with your entry form.
- 8 lanes will be used for prelims, 8 lanes for finals. This allows for a warm-up lane.
- Swimmers are responsible for reporting to the correct lane for their event.
- The referee may schedule ten-minute breaks during the competition, at his discretion.
- Coaches/officials/swimmers only on deck.
- Swimmers/divers can wear no jewelry.
- No on-site shaving is permitted.
- Swimmers must wear warm-ups for awards presentations.

- Admission: Adults - \$6.00 each day, Students w/ASB - \$4.00 each day, Senior Citizens - \$4.00 each day
- Heat Sheets: \$5.00 includes a finals sheet – you must bring your pre-lims heat sheet in order to receive your finals sheet

**Concessions:**

- A limited concession stand will be available throughout the meet.

**Vendors**

- District Championship sweatshirts and T-shirts will be available at the meet.

**Lodging Information:**

- Best Inn – 509/933-1500: Located south of the South Interchange on Canyon Road.
- Best Western Lincoln Inn & Suites – 509/925-4244: Located near the South Interchange.
- Central Washington University Conference Center – 509/963-1141, 800/752-4379: Located on East 8<sup>th</sup> Street.
- Comfort Inn – 509/925-7037: Located at South Interchange.
- Ellensburg Inn – 509/925-9801: Located on Canyon Road near the South
- Harold's Motel – 509/925-4141: Located at 6th & Water.
- I-90 Motel – 509/925-9844: Located at West Interchange.
- Inn at Goose Creek – 509/962-8030: Located near the South Interchange.
- Nites Inn – 509//962-9600: Located near South Interchange, just north of McDonald's
- Regal Lodge – 509/925-3116: Located at 6th & Water.
- Super 8 Motel – 509//962-6888: Located near South Interchange.

**Restaurants:**

- Bar-Fourteen Ranch House – 962-2222
- Casa de Blanca – 925-2693
- Copper Kettle – 925-5644
- Campus U-Tote-Em – 925-1600
- El Caporal – 962-5228
- Ellensburg Pasta Company – 933-3330
- Grant's Pizza – 925-9855
- Palace Café – 925-2090
- Perkins' – 925-4662
- Pizza Hut – 925-7888
- Rodeo City Bar-B-Q – 962-2727
- Valley Café – 925-3050

**Questions/Contact:**

Greta Alderson  
 509-248-5204 (home)  
 509-453-6842 (work)  
 509-307-1098 (cell)